## New Zealand <br> ISSP 2007 - Leisure Time and Sports Questionnaire

## Leisure Time Activities

The following questions are related to your free time, that is, time you are not occupied with work or household duties or other activities that you are obliged to do.

1. How often do you do each of the following activities in your free time?
a. Watch TV, DVD, videos
b. Go to the movies
c. Go out shopping
d. Read books
e. Attend cultural events such as concerts, live theatre, exhibitions
f. Get together with relatives
g. Get together with friends
h. Play cards or board games
i. Listen to music
j. Take part in physical activities such as sports, going to the gym, going for a walk
k. Attend sporting events as a spectator
l. Do handicrafts such as needle work, wood work, etc.
m. Spend time on the Internet/PC

|  | Several <br> times a | Several <br> times a <br> month |
| :---: | :---: | :---: |



2



Several times a year or less often


Never


2. When you are involved in free time activities to what extent do they enable you ...
 with other people?
3. Please, indicate how much enjoyment you get from the following free time activities:

|  | No enjoyment | Not much enjoyment | Some enjoyment | A fair amount of enjoyment | A great amount of enjoyment | I neve do |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reading books | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | 8 |
| Getting together with friends |  | $\square$ | $\square$ | 4 | $\square$ | 8 |
| Taking part in physical activities such as sports, going to the gym, going for a walk | $\square$ | $\square$ | 3 | $\square$ | $\square$ | $\square$ |
| Watching TV, DVD, videos | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

4. People do different things during their free time. For each of the following, please indicate how often you use your free time to ...

|  | Very often | Often | Sometimes | Seldom | Never | $\begin{aligned} & \text { Can' } \\ & \text { choos } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. ... establish useful contacts | $\square$ | ${ }_{2}$ | $\square$ | $\square$ | $\square$ | $\square 8$ |
| b. ... relax and recover | $\square$ | 2 | 3 | 4 | 5 | 8 |
| c. ... try to learn or develop skills | $\square$ | $\square$ | 3 | $\square$ | 5 | $\square$ |

5a. In your free time, how often do you?
a. ...feel bored?
b. ...feel rushed?
c. ...find yourself thinking about work?

| Very often | Often | Sometimes | Seldom | Never | Doesn't apply |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\square$ | $\square_{2}$ | 3 | ${ }_{4}$ | $\square$ | $\square_{8}$ |
| $\square$ | 2 | 3 | ${ }_{4}$ | 5 | 8 |
| $\square$ | $\square$ | $\square$ | $\square$ |  | $\square$ |

5b. In your free time, do you prefer to be with other people or do you prefer to be by yourself?

Most of the time with other people More with other people than alone More alone than with other people Most of the time alone Can't choose

6. Suppose you could change the way you spend your time, spending more time on some things and less time on others. Which of the things on the following list would you like to spend more time on, which you would you like to spend less time on and which would you like to spend the same amount of time on as now?

|  | Much more time | A bit more time | Same time as now | A bit less time | Much less time | Can't <br> choose | Doesn't apply |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. Time in a paid job | $\square$ | $\square$ | $\square$ | $\square$ | 5 | $\square$ | $\square$ |
| b. Time doing household work | , | 2 | $\square$ | 4 | $\square$ | $\square$ | 8 |
| c. Time with your family | $\square$ | ${ }^{2}$ | $\square$ | $\square$ | 5 | $\square$ | $\square$ |
| d. Time in leisure activities | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | - | 8 |

7a. In the last 12 months, how many nights altogether did you stay away from home for holidays or social visits?

I was not away
1-5 nights
6-10 nights
11-20 nights
21-30 nights
More than 30 nights
Can't choose


7b. In the last 12 months, how many days of leave from your work, if any, did you take altogether (do not include maternity or sick leave or similar types of leave)?

| None | $\square$ |
| :---: | :---: |
| 1-5 days | $\stackrel{1}{\square}$ |
| 6-10 days | $\square$ |
| 11-20 days | 4 |
| 21-30 days | 5 |
| More than 30 days | $\square$ |
| I do not work | 7 |
| Can't choose | $\square$ |

## Sport and Games

8a. What sport or physical activity do you take part in most frequently?
Most frequent sport or physical activity $\qquad$ Please write in

I do not take part in any sport or physical activity $\square$

8b. Thinking about games rather than sports or physical activities, what type of game do you play most frequently?

SELECT THE MOST APPROPRIATE GAME FROM THE LIST BELOW AND TICK THE CORRESPONDING BOX.

IF YOU DO NOT PLAY ANY GAME, PLEASE TICK THE BOX AT THE VERY BOTTOM OF THE LIST.

9. Please indicate how important the following reasons are for you to take part in sports or games.
a. For physical or mental health
b. To meet other people
c. To compete against others
d. To look good

| Very important $\square$ | Somewhat important $\square$ | Not very important $\square$ | Not important $\square$ | Can't choose $\square$ | Doesn't apply $\square$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\square$ | $\square{ }_{\square}^{\square}$ | $\square$ <br> $\square$ <br> -3 | $\square$ | $\square 5$ | $\square 8$ <br> 88 |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

10a. What sport do you watch on TV most frequently? (If you do not watch any sport on TV, please tick the box provided below and skip to question 11).

Most frequent sport watched $\qquad$ Please write in

I do not watch any sport on TV $\square$ $\rightarrow$ Go to Question 11

10b. What sport is the SECOND MOST FREQUENT you watch on TV?
Second most frequent sport watched $\qquad$ Please write in

I do not watch a second sport $\square$
11. How proud are you when New Zealand does well at an international sports or games competition?

| I am very proud | $\square$ |
| ---: | ---: |
| I am somewhat proud | $\square$ |
| I am not very proud | $\square$ |
| I am not proud at all | $\square$ |
| Can't choose | $\square$ |
| -4 |  |

12. People have different opinions about sports. To what extent do you agree or disagree with the following statements?
Agree

strongly \begin{tabular}{c}
Ngree <br>
Agree nor <br>
disagree

 

Disagree

 

Disagree <br>
Strongly

 

Can't <br>
choose
\end{tabular}

## Social and Political Participation

13. In the last 12 months, how often have you participated in the activities of one of the following associations or groups?

I have participated in...
a. A sports association/group
b. A cultural association/group
c. A church or other religious organisation
d. A community-service or civic association/group
e. A political party or organisation


14a. Generally speaking, would you say that people can be trusted or that you can't be too careful in dealing with people?

People can almost always be trusted
People can usually be trusted You usually can't be too careful in dealing with people You almost always can't be too careful in dealing with people Can't choose

14b. How interested would you say you personally are in politics?

15. To what extent do the following conditions prevent you from doing the free time activities you would like to do?
a. Lack of facilities nearby
b. Lack of money
c. Personal health, age or disability
d. Need to take care of someone (elderly, children)
e. Lack of time

| Very much | To a large extent | To some extent | Not at all | $\begin{gathered} \text { Can't } \\ \text { choose } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| $\square$ | ${ }_{2}$ | $\square$ | $\square$ | $\square_{8}$ |
| , | 2 | 3 | $\square$ | 8 |
| $\square$ | $\square$ | 3 | 4 | 8 |
| $\square$ | $\square$ | $\square_{3}$ | $\square$ | 8 |
| $\square$ | $\square_{2}$ | $\square$ | 4 | 8 |

16. If you were to consider your life in general these days, how happy or unhappy would you say you are, on the whole ...

| Very happy | $\square$ |
| :---: | :---: |
| Fairly happy | $\square$ |
| Not very happy | $\square$ |
| Not at all happy |  |
| Can't choose | -4 |

17. In general, would you say your health is ...

18. Now, two questions about yesterday.
a. Just to recall for you, yesterday was...
... a weekday or working-day
... a day off or a holiday
b. At about what time did you get up yesterday?

At $\qquad$ o'clock $\qquad$ minutes (Please enter using the 24 -hour format)

At about what time did you go to sleep yesterday?
At $\qquad$ o' clock $\qquad$ minutes (Please enter using the 24 -hour format)
19. Could you please tell me your:
a. Height: $\qquad$ cm or $\qquad$ feet $\qquad$ inches
b. Weight: $\qquad$ kg or $\qquad$ stone $\qquad$ pounds
20. Would you like to...

Gain weight
Maintain your current weight
Lose weight
I don't care about my weight

21. Which of the following pictures come closest to your conception of an ideal shape of a man and a woman?

PLEASE TICK THE BOX BELOW THE PICTURE OF YOUR CHOICE OF THE IDEAL MAN


PLEASE TICK THE BOX BELOW THE PICTURE OF YOUR CHOICE OF THE IDEAL WOMAN


## About Yourself

So that we can be sure we have a good cross section of people in our survey, would you please answer the following questions about you. Remember that all responses remain STRICTLY CONFIDENTIAL.
22. Please indicate the year in which you were born: Year: 19 $\qquad$
23. What is your gender? Male $\quad \begin{aligned} & 1 \\ & \square\end{aligned}$
24. Which of these categories best describes your current marital status?

| Married | $\boxed{\square_{1}}$ |
| ---: | ---: |
| Widowed | $\square_{2}$ |
| Divorced | $\square_{3}$ |
| Separated | $\square_{4}$ |
| Single, never married | $\square_{5}$ |

25. Do you live together with a partner?

26. INCLUDING YOURSELF, how many people are there in your household?

Number in household :

How many children under the age of 18 are in your household?
Children under 18 years
27. Which of the following categories describe your ethnic origin?

## PLEASE TICK AS MANY AS YOU NEED TO SHOW WHICH ETHNIC GROUP(S) YOU BELONG TO

| N Z Maori | $\square$ |
| ---: | ---: |
| N Z European or Pakeha | $\square_{1}$ |
| Other European | $\square_{1}$ |
| Samoan | $\square$ |
| Cook Island Maori | $\square$ |
| Tongan | $\square$ |
| Niuean | $\square_{1}$ |
| Chinese | $\square$ |
| Indian | $\square$ |
| Other (such as Fijian, Korean) | $\square_{1}$ |

28. What is your current religion or religious denomination?

| Anglican $\square_{1}$ | Methodist | 13 |
| :---: | :---: | :---: |
| Assemblies of God $\square_{2}$ | Muslim | 14 |
| Baptist $\quad \square$ | Orthodox | ${ }^{15}$ |
| Brethren $\square_{4}$ | Pentecostal | 16 |
| Buddhist $\square$ | Presbyterian | 17 |
| Catholic $\square$ | Protestant | 18 |
| Christian $\square$ | Ratana | 19 |
| Jehovah's Witness $\square_{8}$ | Ringatu | $\underline{20}$ |
| Jewish $\quad \square$ | Salvation Army | 21 |
| Hindu ${ }^{10}$ | Seventh Day Adventist | 22 |
| Lutheran 11 | Other | 23 |
| Mormon (Latter Day Saints) 12 | No religion | 24 |

29. How often do you attend a religious service?

| Never | $\square$ |
| ---: | ---: |
| Less than once a year | $\square$ |
| Once a year | $\square$ |
| Several times a year | $\square$ |
| Once a month | $\square$ |
| Two or three times a month | $\square$ |
| Once a week | $\square$ |
| Several times a week | $\square$ |
| Can't choose/Don't know | $\square$ |

30. Which one of these categories best describes the amount of formal education you have had?

| No formal schooling | $\square \square_{1}$ |
| ---: | ---: |
| A few years of primary school | $\square_{2}$ |
| Primary/Intermediate up to Standard 6 or Form 2 | $\boxed{\square_{3}}$ |
| Secondary school for up to 3 years | $\square_{4}$ |
| Secondary school for 4 years or more | $\square$ |
| University/polytechnic for up to 3 years | $\square_{6}$ |
| University/polytechnic for 4 years or more | $\square$ |

31. Which of these categories best describes your highest formal qualification?

32. Which one of these categories best describes your current employment status?

## PLEASE TICK ONE BOX ONLY

CURRENTLY WORKING

33. How many hours, on average, do you usually work in a normal week?

Number of hours: $\qquad$ or: Doesn't apply to me $\square$
34. What is your main occupation or your last occupation, if you are not working now?

- If you have (or had) more than one job, business or professional practice, please give the occupation for the job you spend the most time at.
- Please describe fully, using two words or more; for example, builders' labourer not labourer, accounts clerk not clerk, deer farmer not farmer.

Main/last occupation: $\qquad$ not applicable
35. Do you supervise, or are you responsible for, the work of any other people?


If yes, how many people do you supervise?
Number of people: $\qquad$
36. Which of these categories best describes your current employment status?

| Public sector (i.e. local government, Government) | $\square_{1}$ |
| ---: | ---: |
| Publicly-owned private sector organisation | $\square_{2}$ |
| Privately-owned private sector organisation | $\square_{3}$ |
| Non-profit/Charity/Welfare organisation | $\square_{4}$ |
| Self-employed | $\square_{5}$ |
| Not working | $\square_{6}$ |

37. If you are self-employed, how many employees do you currently have?

Number of employees: $\qquad$
38. Have you ever been a member of a Trade Union?

Currently a member
Once a member, but not now
Never a member


IF YOU ARE MARRIED OR LIVING WITH A PARTNER, PLEASE ANSWER QUESTION 39. OTHERWISE, PLEASE GO TO QUESTION 43.
39. Which one of the following categories best describes your partner's or spouse's current employment status?

PLEASE TICK ONE BOX ONLY

| CURRENTLY WORKING |  |
| ---: | ---: |
| Employed - full time (35+ hours weekly) | $\square_{1}$ |
| Employed - part time (15-35 hours weekly) | $\square_{2}$ |
| Employed - less than 15 hours/temporarily out of work | $\square_{3}$ |
| Helping family member | $\square_{4}$ |
| NOT CURRENTLY WORKING |  |
| Unemployed or beneficiary | $\square_{5}$ |
| Student | $\square_{6}$ |
| Retired | $\square_{7}$ |
| Housewife/husband - home duties | $\square_{8}$ |
| Permanently disabled | $\square_{9}$ |

40. How many hours, on average, does your partner or spouse usually work in a normal week?

Number of hours: $\qquad$ OR: Doesn't apply $\quad 99$
41. What is your partner's or spouse's main occupation or last occupation, if they are not working now?

- If your partner or spouse has (or had) more than one job, business or professional practice, please give the occupation for the job he or she spends the most time at.
- Please describe fully, using two words or more; for example, builders' labourer not labourer, accounts clerk not clerk, deer farmer not farmer.

Main/last occupation: $\qquad$ Not applicable

| 9999 |
| ---: |

42. Which of these categories best describes who your partner or spouse works for (or who they worked for most recently)?

| Public sector (i.e. local government, Government) | $\square_{1}$ |
| ---: | ---: |
| Publicly-owned private sector organisation | $\square_{2}$ |
| Privately-owned private sector organisation | $\square_{3}$ |
| Non-profit/Charity/Welfare organisation | $\square_{4}$ |
| Self-employed | $\square_{5}$ |
| Not working | $\square_{6}$ |

43. At the 2005 General Election, who did you vote for?

|  | Electorate candidate | Party list |
| :---: | :---: | :---: |
| Didn't vote/not eligible to vote | $\square$ | $\square$ |
| Act | $\square$ | $\square$ |
| Alliance | $\square$ | $\square$ |
| Destiny | $\square$ | $\square$ |
| Green | $\square$ | 5 |
| Labour | $\square$ | $\square$ |
| Maori Party | $\square$ | 7 |
| National | - | $\square$ |
| New Zealand First | $\square$ | 9 |
| Progressive Coalition | 10 | ${ }_{10}$ |
| United Future | 11 | 11 |
| Other | 12 | 12 |
| Don't know | 13 | 13 |

44. Where on the following scale would you say your political views lie?

45. Which of the following categories best describes your own yearly income from all sources before tax?

| $\$ 10,000$ or less | $\square_{1}$ |
| :--- | ---: |
| $\$ 10,001-\$ 15,000$ | $\square_{2}$ |
| $\$ 15,001-\$ 20,000$ | $\square_{3}$ |
| $\$ 20,001-\$ 25,000$ | $\square_{4}$ |
| $\$ 25,001-\$ 30,000$ | $\square$ |
| $\$ 30,001-\$ 40,000$ | $\square$ |
| $\$ 40,001-\$ 50,000$ | $\square$ |
| $\$ 50,001-\$ 70,000$ | $\square$ |
| $\$ 70,001-\$ 100,000$ | $\square$ |
| $\$ 101,000$ or more | $\square$ |
| -9 |  |

46. Which of the following categories best describes the total yearly income of everyone in your household from all sources before tax?

| $\$ 15,000$ or less | $\square$ |
| :--- | ---: |
| $\$ 15,001-\$ 20,000$ | $\square_{2}$ |
| $\$ 20,001-\$ 30,000$ | ${ }_{3}$ |
| $\$ 30,001-\$ 40,000$ | ${ }_{4}$ |
| $\$ 40,001-\$ 50,000$ | $\square_{5}$ |
| $\$ 50,001-\$ 60,000$ | ${ }_{6}$ |
| $\$ 60,001-\$ 70,000$ | $\square_{7}$ |
| $\$ 70,001-\$ 80,000$ | $\square_{8}$ |
| $\$ 80,001-\$ 100,000$ | $\square$ |
| $\$ 100,001$ or more | $\square$ |

47. In terms of your social status, which one of the following categories do you think you fit into?

| Highest social class | $\square 10$ |
| :--- | ---: |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |
|  | $\square$ |

48. And in which area do you live?

| Northland | $\square$ |
| ---: | ---: |
| Auckland | $\square_{2}$ |
| Thames Valley | $\square_{3}$ |
| Bay of Plenty | $\square 4$ |
| Waikato | $\square_{5}$ |
| Tongariro | $\square_{6}$ |
| East Cape | $\square$ |
| Hawkes Bay | $\square_{8}$ |
| Taranaki | $\square$ |
| Wanganui | $\square_{10}$ |
| Manawatu-Rangitikei | $\square$ |


| Horowhenua | 129 |
| ---: | ---: |
| Wellington | 13 |
| Wairarapa | 14 |
| Nelson Bays | 15 |
| Marlborough | 16 |
| West Coast | 17 |
| Canterbury | 18 |
| Aorangi | 19 |
| Clutha-Central Otago | 20 |
| Coastal-North Otago | 21 |
| Southland | 22 |

49. Do you live in a rural or urban area?

| Rural | $\boxed{\square}$ |
| :---: | :---: |
| Urban | $\boxed{I_{2}}$ |

50. Would you describe the place where you live as...

| A big city | $\square$ |
| ---: | ---: |
| The suburbs or outskirts of a big city | $\square \square_{2}$ |
| A small city or town | $\square$ |
| A country village | $\square$ |
| A farm or home in the country | $\square$ |

51. What is the population of place where you live?

| 100,000 or more | $\square_{1}$ |
| ---: | ---: |
| $50,000-99,000$ | $\square_{2}$ |
| $30,000-49,999$ | $\square$ |
| $10,000-29,999$ | $\square$ |
| $1,000-9,999$ | $\square$ |
| Less than 1,000 | $\square$ |
|  | $\square$ |
| Farm or rural property | $\square$ |

52. Does a health problem or a condition you have (lasting $\mathbf{6}$ months or more) cause you difficulty with, or stop you doing:

PLEASE TICK AS MANY BOXES AS APPLY
Everyday activities that people your age can usually do
Communicating, mixing with others or socialising Any other activity that people your age can usually do No difficulty with any of these
53. Do you have any disability or handicap that is long-term (lasting 6 months or more)?

54. How long have you lived at your current address?

I have lived at this address for: $\qquad$ years and $\qquad$ months.

If you have any other comments you wish to add, on any of the topics raised in this questionnaire, we would welcome them. Please write them in the space provided below.
$\qquad$
$\qquad$
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We are very grateful for your help. Please return your questionnaire in the stamped addressed envelope provided, to:

International Social Survey Programme
Department of Marketing
Massey University
Private Bag 11222
PALMERSTON NORTH

